

PLEASE NOTE:

Semen analysis is done on appointment only and samples can only be submitted at certain Lancet Laboratories.

Please see “Service points” as well as the “Cost of the test” below and then phone during office hours to make an appointment (see contact numbers below).

1. Abstain from all sexual activity (including masturbation) for a minimum of 3 days but not longer than 7 days prior to sample collection.
2. Please produce the specimen at home. A sterile container is needed for semen collection and can be collected from any Lancet Laboratory / Depot near you. Ask for a “urine container”.
3. The sample should be collected by masturbation and ejaculation of the semen directly into this container. The whole ejaculate must be collected.
4. Close the lid tightly after collection to prevent leakage. Do not wrap the container in anything.
5. Do NOT use soaps, detergents, water, lubricants or condoms to help with specimen collection as these may affect the results.
6. No sex should be involved during specimen collection.
7. Semen must NOT be exposed to temperature fluctuations. It must be kept at body temperature till it is submitted to the laboratory. Ideally, keep the sample close to your body (inside the pants pocket). Do NOT heat or refrigerate the sample.
8. The sample must arrive at the laboratory within 1 ½ hour of being produced.
9. If you had a vasectomy, please allow at least 8 weeks after the operation before you give a specimen to be tested.

COST OF THE TEST:

Semen analysis: R1300

Post vasectomy test: R250

No medical aids are accepted. Please claim from your medical aid afterwards.

SERVICE POINTS:

If you are in Gauteng please book your test at the following number:

012 664 8596 (regardless of which laboratory listed below you choose to submit the sample at)

SPECIMENS CAN BE SUBMITTED AT THE FOLLOWING LABORATORIES:

IN JOHANNESBURG

Submission Site	Address	Submission Days	Submission Time
Life Flora Hospital, Roodepoort	14th Avenue, Roodepoort Lancet Lab is on the Lower Ground Floor. Use the Main Entrance	Thursdays only	Between 07:00 - 08:30
Sunward Park Hospital, Boksburg	Lancet Lab across the hospital at 4 Albrecht street	Wednesdays only	Between 07:00 – 08:30
Morningside Mediclinic	Lancet Lab at Rochester Place, Block A, ground floor – next to Morningside Mediclinic	Tuesdays only	Between 07:00 – 08:30
Lancet Corner, Auckland Park	Corner of Stanley & Menton rd, Richmond, Auckland Park (Please submit at “Patient Reception” in Menton rd.)	Monday to Friday	Between 07:00 – 08:00

IN PRETORIA

Urology Hospital	Corner of Grosvenor st & Pretorius st, Hatfield	Monday to Friday	Between 07:00 – 08:30
Louis Pasteur Hospital	374 Francis Baard street, Pretoria Central, 8th floor, room 835	Monday to Friday	Between 07:00 – 09:00

IN CENTURION

Unitas Hospital	Lifestyle Management Park (next to the hospital), Unit 4, 2nd floor, Room 212	Monday to Friday	Between 08:00 – 10:00
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You can also have the test done at the following locations which you can contact at the numbers given below:

- KZN (Durban) - 031 308 6558/29/00
- Cape Town - 021 673 1700
- Polokwane - 015 294 0400
- Nelspruit - 013 752 8407
- Tzaneen - 015 307 4849
- Rustenburg - 014 597 8510
- Potchefstroom - 018 293 8260