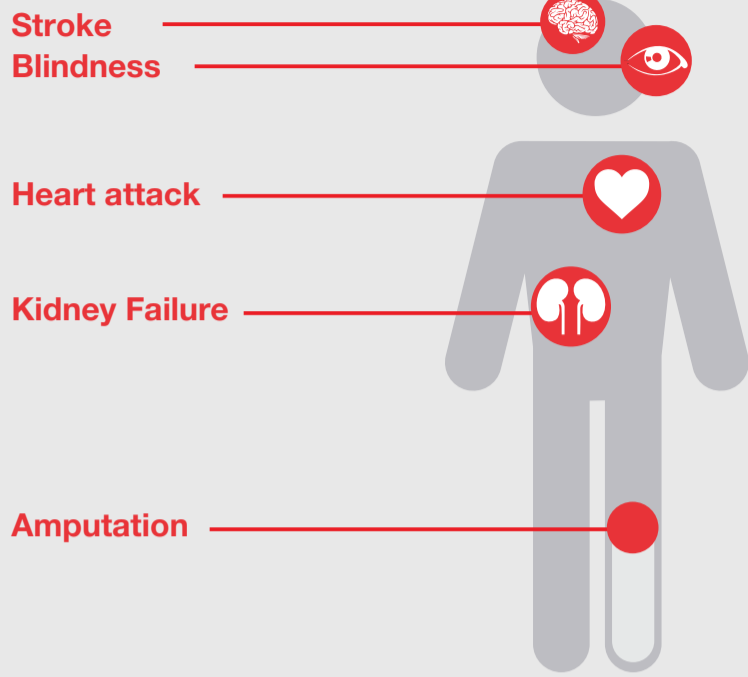


WHAT IS DIABETES?

CONSEQUENCES



1 IN 7 BIRTHS IS AFFECTED BY GESTATIONAL DIABETES



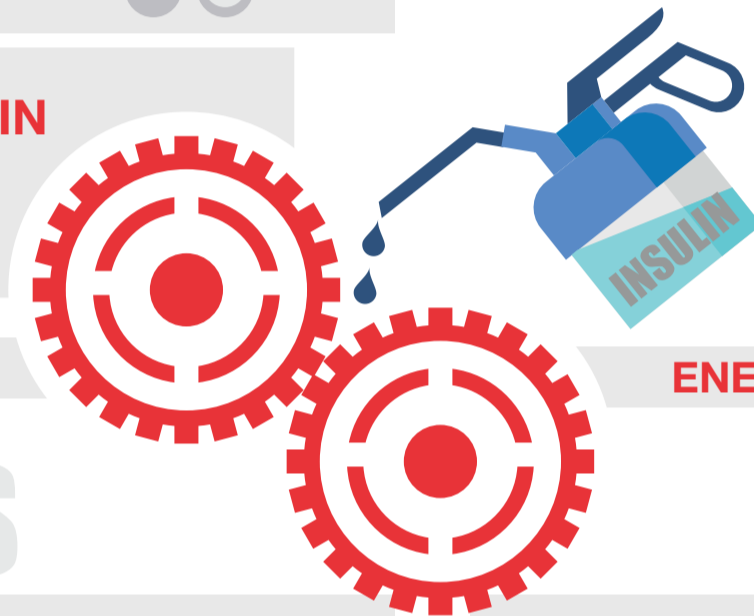
1 IN 11 ADULTS HAVE DIABETES



DIABETES IS ON THE RISE

YOUR BODY NEEDS **INSULIN** TO TRANSFORM GLUCOSE INTO ENERGY

GLUCOSE



ENERGY



DIABETES



TYPE 1 DIABETES

When the pancreas doesn't produce insulin



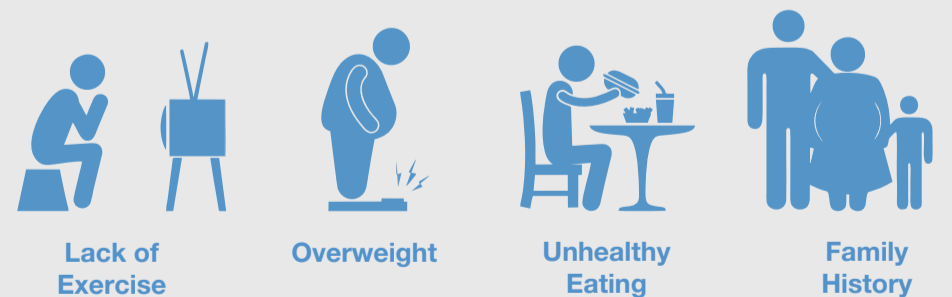
TYPE 2 DIABETES

When the pancreas doesn't produce enough insulin (or the insulin cannot be processed)

SIGNS & SYMPTOMS



RISK FACTORS FOR TYPE 2 DIABETES



IF YOU SHOW THESE SIGNS, CONSULT A HEALTH PROFESSIONAL

THESE SIGNS CAN BE MILD OR ABSENT IN PEOPLE WITH TYPE 2 DIABETES

1 IN 2 ADULTS WITH DIABETES IS UNDIAGNOSED MOST CASES ARE TYPE 2 DIABETES

IF YOU THINK YOU ARE AT RISK, CONSULT A HEALTH PROFESSIONAL

Johannesburg | (011) 358 0800 Polokwane | (015) 294 0400 Cape Town | (021) 673 1700 Durban | (031) 308 6500 Nelspruit | (013) 745 9000
Pretoria | (012) 483 0100 Rustenburg | (014) 597 8500 Bloemfontein | (051) 410 1700 Kimberley | (053) 836 4460



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14 NOVEMBER

LANCET LABORATORIES SUPPORTS WORLD DIABETES DAY